

**Teresa Wagner, DrPH, MS, CPH, CPPS, RD/LD, FNAP, CHWI, Dip.ACLM, CHWC**  
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## EDUCATION

**AIM AHEAD Leadership Fellowship Program, AI/ML in Health Disparities,**  
September 2022-June 2023, National Institutes of Health

**Certified Professional in Patient Safety Training Program**  
February 2020-March 2020, TCOM Department of Medical Education

**Geriatric Practice Leadership Institute, Health Literacy**  
September 2019-October 2021, TCOM Department of Internal Medicine & Geriatrics

**STAR Fellowship Program, Health Literacy,**  
October 2017-June 2020, Texas Center for Health Disparities

**Doctor of Public Health**, December 2015  
UNT Health Science Center, Fort Worth, TX

**Residency, Health Literacy**, June 2015-December 2015  
UT Austin, Center for Health Communication

**Master of Science**, General Nutrition, 1990  
Texas Woman's University, Denton, TX

**Bachelor of Science**, Dietetics, 1986  
Texas Christian University, Fort Worth, TX

## PRESENT POSITIONS

**Associate Professor**, Department of Health Administration & Policy  
University of North Texas Health Science Center, College of Public Health  
Fort Worth Texas, September 2023-present

**Associate Professor**, Department of Personalized Health & Well-Being  
University of North Texas Health Science Center, College of Health Professions,  
Fort Worth Texas, September 2023-present

**Associate Professor**, University of North Texas Health Science Center, College of Nursing  
Fort Worth Texas, October 2024-present

- Teach: Health Literacy & Communication and Lifestyle Medicine
- Conduct grant-funded population health programs and research.
- Develop & Teach CHW/CHWI continuing education programs & self-learning modules.

**Affiliate Associate Professor, UNTHSC Center for Health Policy**

January 2024-present

- Actively contribute and collaborate on health policy research, education, community programs, policy, or other activities as assigned.

**Interim Director, SaferCare Texas**

August 2022-March 2024

- Developed Strategic Plan & Work Plan based on SaferCare Texas' mission.
- Hired & Trained Entirely New Staff
- Managed 1.6-million-dollar budge

**Clinical Executive for Health Literacy, SaferCare Texas**

September 2019-March 2024

**(formerly Senior Fellow, March 2017-Aug 2019)**

- Provide expertise in health literacy, communication and maternal health to improve patient safety.
- Contribute to the SaferCare Texas mission (research, teaching, patient care).
- Collaborate in population health research & process improvement projects.
- Serve as Principal Investigator (PI)/Co-PI on SaferCare Texas projects.
- Six Sigma Green Belt Trained

**Fellow, UNTHSC Institute for Health Disparities**

January 2018-present

- Conduct grant-funded Women's Health disparities research.
- Inclusive Participation lead for Texas CEAL Program (Covid-19 Vaccine Uptake).

**PAST TEACHING EXPERIENCE****Assistant Professor, Department of Personalized Health & Well-Being**

University of North Texas Health Science Center, School of Health Professions, Fort Worth Texas, September 2019-2023

**Assistant Professor, School of Public Health**

Fort Worth Texas, July 2022-2023

- Teach: Health Literacy & Communication and Lifestyle Medicine
- Conduct grant-funded population health programs and research.
- Develop & Teach CHW/CHWI continuing education programs & self-learning modules.

**Assistant Professor, Department of Health Education**

University of North Texas Health Science Center, School of Public Health, Fort Worth Texas, September 2017-August 2019

- Taught: Maternal Child Nutrition and Food Safety: Farm to Fork
- Oversaw MPH Maternal Child Health Concentration Majors
- Provided administrative expertise in competency alignment and comprehensive student practice experience development, including community engagement.
- Served as online student advisor, and project mentor and oversaw skill development.
- Conducted grant-funded research.

**Adjunct Assistant Professor, Department of Health Behavior and Health Systems**

University of North Texas Health Science Center, School of Public Health, Fort Worth Texas, September 2015-September 2017

- Dean's Office Faculty Development for the Associate Dean for Academic Affairs
- Dean's Office Community Engagement/Student Practice Placement for the Associate Dean for Community Engagement & Health Equity
- Taught: Maternal Child Nutrition and Taught Food Safety: Farm to Fork

**Adjunct Clinical Assistant Professor, School of Health Professions**

University of North Texas Health Science Center, Fort Worth, Texas, September 2013-September. 2016

**Adjunct Professor, International Health Coach University**

September 2016-August 2019

- Taught foundational health coaching theory and skills.

**Part-Time Instructor, Tarrant County College, Fort Worth,**

TX 1993-2001 and 2013-2014

- Oversaw dietetic internship placement, progress and completion.

**Adjunct Faculty, Andrews University, Berrien Springs,**

MI 1998-2002

- Mentored dietetic interns in a variety of areas of dietetic practice.

**Part-Time Faculty, Texas Christian University, Fort Worth,**

TX 1997-2000

- Taught science-based curriculum on food, nutrition and sports nutrition.

**LEADERSHIP, MARKETING, COMMUNICATION AND MEDIA EXPERIENCE****Director of Health Literacy, Literacy Coalition of Central**

Texas August 2015-May 2017

- Championed policy and health literate education for at risk populations.
- Cultivated business prospects with current and new clients through solicitation and preparation of grants, contracts, and interagency coalition agreements to drive priorities and meet both parties' program goals.
- Oversaw nonprofit program management, planning, and evaluation.

**Texas Academy of Nutrition and Dietetics Media Representative**

2013-2017

- Represented the Academy in Social and Traditional Media.

**Program Director, Dairy MAX, Affiliate of the National Dairy Council,**

2002 – 2012

- Partnered with internal teams and national PR firms to create and execute meaningful messaging for the public, industry, professional associations, and political organizations on consumer driven insights, trends, and opportunities.
- Successfully served as subject matter expert and oversaw recruitment, media training, development of multiple stakeholders including staff, scientific experts and volunteers in multi-state programs, and managed day-to-day logistics.
- Represented the organization and effectively networked with national corporate executives, community leaders and volunteers at professional meetings maintaining communication and relationships to meet program objectives.
- Successfully lead and collaborated, and coordinated with program staff, including coordinators, nutrition educators, and Registered Dietitians (RDs).
  - **Director of Medical Outreach**, Directed Local & National Health Professional Outreach; Organized Booths, Materials and Speakers
  - **Director of Issues and Crisis Management**, Established effective Local & National relationships and worked collaboratively with diverse internal and external stakeholders across large complex organizations and decision makers.

- **Director of Sports Marketing**, Directed Sports Marketing Corporate Relationships (Including TCU), Player Relations and Volunteerism, Developed Media Messaging, Managed Media Sponsorships and Voiced Media Placements
- **Director of Social Media**, Founded & Directed Social Media Outreach
- **NFL Coordinator**, Directed interaction with NFL Players and Teams and media. Planned and hosted wellness/PR events to drive priorities.

**National Dairy Council, National Media Ambassador, 2004-2012**

Served as key spokesperson effectively interacting with corporate investors and completing hundreds of media interactions and speaking engagements while delivering key messages across the country.

**HEALTH LITERACY GRANT FUNDED PROGRAMMING**

2025-2026

AI-powered Disaster Assessment and Response Tools for Food Security

Primary Investigator: Ioannis A. Kakadiaris

Total Costs: \$300,000

Funder: USDA-NIFA-AFRI-010453

**Role: Site PI**

2025-2026

City of San Antonio Advancing Health Literacy to Enhance Equitable Community Health

Total Costs: \$2,500,000

Funder: Bexar County - Health Confianza Health Literacy Collaborative

**Role: Mentor**

2024-2025

Model and Framework for Obtaining and Maintaining DIS Certification to Enhance Disease Invention Capacity and Response Equity in Public Health

Total Costs: \$149,958

Primary Investigator: Diana Cervantes

Funder: ASPPH's CDC Cooperative Agreement NU50CK000612-03-00

**Role: Co-Investigator – Community Health Worker Training**

2024-2029

Workforce Enhancement Healthy Aging and Independent Living (WE HAIL) Collaboration

Total Costs: \$5,000,000

Primary Investigator: Jennifer Severance

Funder: Health Resources and Services Administration (HRSA). U1QHP53050-01-00, Geriatric Workforce Enhancement Program

**Role: Project Lead – Community Health Worker Training**

2024

CHW Recruit Training and Certification

Total Costs: \$28,800

Funder: CHRISTUSHealth Contractual Agreement

**Role: Primary Investigator – Training CHWs for Healthcare Workforce Readiness**

2024

CHW Recruit Training

Total Costs: \$100,000

Funder: Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS); UT Rio Grande Valley

**Role: Consultant** – Training CHWs using AI/ML to address community needs and SDOH.

Subaward from South Texas Promotores Association.

2024

UNTHSC Opioid Abatement Program

Total Costs: \$310,339

Funder: City of Fort Worth, Interventions of Opioid Use. RFP No. NSD23-003

**Role: Primary Investigator** – Training Community Organizations & Students on Opioid Abatement and Narcan Administration.

2024

Air Force STTR CSO X23.E STTR Phase I

Total Costs: \$33,000

Funder: United States Air Force

Principal Investigator: Shireen Abdulla, MBA; Yumlish, Inc.

**Role: Site Primary Investigator** – Feasibility of Postpartum mission readiness for active-duty new mothers using the Reveille app.

2023-2025

CHW Recruit Training and Certification

Total Costs: \$116,000

Funder: Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS); RF40085

Subaward from UNT Denton HRSA Award/Grant No. T29HP46746.

Primary Investigator: Dhrubodhi Mukherjee

**Role: Site Primary Investigator** – Training CHWs for Opioid Abatement Apprenticeships

2023

Texas Dance for Health: An Upstream Older Adult Health Intervention

Total Costs: \$6,500

Funder: The Parker Endowed Professorship of Texas Christian University

**Role: Co-Investigator** – Piloting evidence-based program in Texas. Partnered with Meals-on-Wheels of Tarrant County and Texas Christian University

2022-2023

AIM AHEAD Fellowship – First Cohort Selected by National Institutes of Health

Total Costs: \$70,000 (\$50,000 Fellow & \$10,000 each CBO & Mentor)

Funder: National Institutes of Health, Agreement NO. 1OT2OD032581-01 (OTA-21-017)

**Role: Primary Investigator** – Developing project using AI/ML Technology to Abate Health Disparities. Partnered with DFW CHW Association & MedStar Mobile Healthcare

2022-2023

US Department of Health and Human Services – City of San Antonio Advancing Health Literacy to Enhance Equitable Community Responses to COVID-19

Total Costs: 2,000,000

Funder: HRSA Grant ID:1 CPIMP211274-01-00

**Role: Health Confianza Health Literacy Mentor**

2022-2023

Implementation of an Interdisciplinary Diabetes Self-Management Education and Support Program in a Geriatric Population

Total Costs: \$1,000

Funder: Small Grant Program; HSC College of Pharmacy

Primary Investigator: Adenike Atanda

**Role: Co-Investigator**- Expanding Piloted, Interdisciplinary DSME program for older adults.

2022-2023

Engaging CHWs in Health Equity

Total Costs: \$24,988

Funder: National Library of Medicine of the National Institutes of Health, Award Number:

UG4LM012345. Project ID: RF00291

Primary Investigator: Emily Spence

**Role: Co-Investigator**- Developing Training Programs to teach CHWs Health Equity Principles and empower them to help abate health disparities.

2022 (January-September)

Accelerating Credentials of Purpose and Value Grant Program

Total Costs: \$272,270

Funder: Texas Higher Education Coordinating Board Number: 2020-GE-84425C

Project ID: RA00025

**Role: Principal Investigator** – Develop hybrid certification training for CHWs and CHWIs.

Partnered with SaferCare Texas, Division of Academic Innovation and DFW-CHW Association.

2021-2022

Innovate to Communicate: Health Literacy Workforce Training Implementation

Total Costs: \$8,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number:

UG4LM012345. Project ID: RF00255

**Role: Principal Investigator** – Expand & Activate workshop developed to help healthcare entities become Health Literate Healthcare Organizations in line with Healthy People 2030. Partnered with Texas Christian University, Children's Health & Medical City Healthcare System.

2021-2022

Covid-19 Disparities

Total Costs: \$416,782

Funder: Centers for Disease Control (CDC-RFA-OT21-2103)

Principal Investigator: Yvette Wingate, PhD

Project PI: Amy Raines, DrPH

**Role: Project Co-Investigator** - Develop and sustain as well as increase access and awareness of CDC-recognized lifestyle change programs in underserved counties.

2021-2022

Leveraging Technology & Systems to Increase Latinos Living with T2DM Enrollment in DSME

Total Costs: \$295,307

Funder: Centers for Disease Control. Project Call: BAA 75D301-21-R-71738

Principal Investigator: Shireen Abdullah, MBA; Yumlah Inc.

**Role: Co-Investigator** - Develop and sustain as well as increase access and awareness of CDC-recognized lifestyle change programs in underserved counties.

2021

Engaging CHWs in Adult Basic Education

Total Costs: \$5,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Community Engagement and Dissemination Core; Award Number U54MD006882.

Project ID RF00204;

Lead: Emily Spence

**Role: Community Health Worker Instructor** - Developed a Training Program to teach CHWs principles of adult education to assist with teaching health literacy concepts to their community.

2020-2021

Rural Healthcare Health Literacy

Total Costs: \$78,825

Funder: UNT Health Science Center. Project ID: 330080-105-805001-300-4153-10245

**Role: Principal Investigator** - Developed a multipronged approach for rural hospitals to address communication barriers that impede access to healthcare, health and wellness for the community.

**Video:**

<https://drive.google.com/file/d/1w2oVETuQ3BcFQoJ0l3EqhKGfYFVC07IJ/view?usp=sharing>

2020-2021

Texas Community Engaged Alliance Against Covid-19 (CEAL)

Total Costs: \$402,481

Funder: National Institutes of Health. Project ID 1OT2HL158258-01.

**Role: Co-Investigator (Inclusive Participation Lead)** - The goal of this program is to use community-engaged strategies to reduce the burden of Coronavirus Disease 2019 (COVID-19) in disproportionately affected communities across Texas:

**Objective 1:** Conduct community-engaged research to promote awareness and enhance knowledge to overcome COVID-19 misinformation in diverse racial and ethnic populations across Texas.

**Objective 2:** Leverage existing community-partnerships and proven local strategies to increase uptake and active participation of diverse racial and ethnic groups in evidenced-based COVID-19 prevention practices and therapeutic trials (example: ongoing vaccine and future trials).

**Objective 3:** Disseminate science-based and targeted educational campaigns in diverse racial and ethnic communities and evaluate their impact on beliefs, attitudes, knowledge, and practices of COVID-19 prevention and treatment.

**Objective 4:** Develop sustainable community-engaged organizational capacity in Texas by creating a repository of local community-centric, evidence-based COVID-19 knowledge products (i.e. best practices) targeted towards populations with disproportionate burden of COVID-19.

2020-2021

What About Mom? Teen

Total Costs: \$20,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Award Number U54MD006882. Project ID RI40157

**Role: Principal Investigator**

2020-2021

Innovate to Communicate: Health Literacy Workforce Training

Total Costs: \$40,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number:

UG4LM012345.

Principal Investigator: Carol Howe, PhD, RN, CDCES, FAAN; Texas Christian University

**Role: Co-Investigator** – Developed workshop to help healthcare entities become Health Literate Healthcare Organizations in line with Healthy People 2030. Partnered with Texas Christian University, Children's Health & Medical City Healthcare System.

2020

Engaging CHWs in Maternal

Health Total Costs: \$5,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Community Engagement and Dissemination Core; Award Number U54MD006882.

Project ID RF00164; Project Lead: Emily Spence

**Role: Community Health Worker Instructor** - Developed a Training Program to teach CHWs Maternal Health Principles and empower them to help abate maternal morbidity and mortality.

2019-2020

Is Your WebLitLegit?

Total Costs: \$40,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number 1UG4LM012345-03. Project ID RF00217

**Role: Principal Investigator** - Workshop Helping Teens Discern Health Information Truth from Trash on the Internet partnered with Texas Christian University, Children's Health and Medical City Healthcare System

2018-2019

Postnatal Education through a Health Literacy Lens

Total Costs: \$72,303

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Award Number U54MD006882. Project ID RF00157

**Role: Principal Investigator**

- Won U.S. Public Health Service Interprofessional Education (IPEC) Award
- Developed Maternal Mortality Abatement App in Partnership with TCU Nursing, Journalism & Computer Science to be adopted by the National Institute on Minority Health & Health Disparities (NIMHD).
- National Association of Schools & Programs of Public Health Feature  
<https://www.aspph.org/north-texas-online-symptom-checker-answers-new-moms-health-questions/>

2018

Health Literate Maternal Mortality Curriculum

Total Costs: \$3,000

Funder: Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) - Association of Teachers of Maternal Child Health, Innovative Teaching Grant.

**Role: Principal Investigator**

2017-2018

Health Literacy for an Aging Population

Total Costs: \$10,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number 1UG4LM012345-01. Project ID RF00022

**Role: Principal Investigator** - Partnership with Meals-on-Wheels of Tarrant County.

## ACTIVITIES/HONORS

### Elected/Appointed Board/Advisory Positions

**Selected Consultant & Advisory Board for National MCH Center Faculty Development Fellowship Program, UNC Chapel Hill, October 2023-September 2024**

**Elected Board Member, It's Time Texas, October 2023-present**

**Elected Board Member, Texas Association of Promotoras and Community Health Workers, April 2022-present**

**Elected Board Member, International Health Literacy Association, 2022-present**

**Elected Commissioner, Council on Dietetic Registration, February 2021-May 2023**

**International Plain Language Federation**

Panel of experts setting standards for plain language, January 2021-present

**The National Council to Improve Patient Safety through Health**

**Literacy, Panel of experts making recommendations to Joint Commission, January 2020-present**

**International Health Literacy Association (IHLA), Standing Committee on Finance and Legal, Co-chair, Policy & Advocacy Special Interest Group, Nov 2018-Jan 2022**

**Cowtown Marathon Board Member, April 2018-October 2020**

**National Academy of Science Mental Health Literacy Roundtable**

**Planning Committee & Panel Moderator, Dec 2017-July 2018**

[https://www.youtube.com/watch?v=7\\_MB7lpKLSE&list=PLGTMA6QkejfhfQmaZysSF\\_zXBZDHx-JYXD&index=10](https://www.youtube.com/watch?v=7_MB7lpKLSE&list=PLGTMA6QkejfhfQmaZysSF_zXBZDHx-JYXD&index=10)

**It's Time Texas, Living Healthier Advisory Committee, January 2016-August 2019**

### Presentations

**Keynote Speaker on Strategic Interprofessional Impact: Stories from the Field**

National Academies of Practice Annual Conference – March 2025

**Speaker on Advocating for Health Literacy: Lessons Learned from Texas**

International Health Literacy Association EPIC Event – October 2024

**Planning Committee & Lead on North American Strategic Planning Session**

2<sup>nd</sup> Global Health Literacy Summit; International Health Literacy Association (IHLA) – September 2024

**“Meet the Author: Cultural Humility in Libraries, Chapter 4: Health Literacy”**

2<sup>nd</sup> Global Health Literacy Summit; International Health Literacy Association (IHLA) – September 2024

**Workshop Presenter: Teaching AI to CHWs to Advance Health Equity**

2<sup>nd</sup> Global Health Literacy Summit; International Health Literacy Association (IHLA) – September 2024

**Planning Committee & Panel Speaker on Libraries and Health Literacy**

2<sup>nd</sup> Global Health Literacy Summit; International Health Literacy Association (IHLA) – September 2024

**Workshop Presenter: Health Literate Advanced Care Planning**

2<sup>nd</sup> Global Health Literacy Summit; International Health Literacy Association (IHLA) – September 2024

**Workshop Presenter: Maximizing Mobile Health: Leveraging CHWs for Greater Impact**

National Mobile Healthcare Association – September 2024

**Workshop Presenter: Strategic Self-Promotion: What's Your Brand?**

National MCH Center Faculty Development Fellowship, UNC Chapel Hill – July 2024

**Workshop Presenter: Promotores/CHWs and Artificial Intelligence**

South Texas Promotores Association – June 2024

**Co-Speaker on Nurse-Led Health Literate Advance Care Planning**

Texas Nurses Association – June 2024

**Panel Speaker: Development of a Replicable HL Trends Analysis & ROI Model:**

Institute for Healthcare Advancement – May 2024

**Presenter on Texas Dance for Health: A Mixed Methods Pilot Study Promoting Older Adult Physical Activity; Meals on Wheels Practice Conference – May 2024**

**Planning Committee & Speaker on Increasing Health Literacy in Older Adults Through AI & CHWs; Collaborative Health Literacy Conference – April 2024**

**Guest Lecturer on Feeding Disorders: What if You Can't Eat?**

Texas Christian University Speech Language Pathology Program – March 2024

**Guest Lecturer on Health Literacy: Defining, Understanding and Using**

U.T. Southwestern Physician Assistant Training Program – January 2024

**Overcoming Underserved Populations' Communication Inequities in the Real World**

International Conference on Communication in Healthcare – October 2023

**Workshop Presenter: Innovate to Communicate: Understanding Health Literacy**

International Conference on Communication in Healthcare – October 2023

**Workshop Presenter: WebLitLegit: Safe & Good Health Internet Information**

International Conference on Communication in Healthcare – October 2023

**Speaker on Advocating for Health Literacy: Lessons Learned from Texas**

Ohio Health Literacy Association – October 2023

**Speaker on Empowering CHW's to Address Health Inequities**

Healthier Texas Summit – October 2023

**Panel Speaker on U.S. Health Literacy Policy & Advocacy Press Event**

National Council to Improve Patient Safety through Health Literacy – October 2023

**Speaker on Health Literacy: THE Social Determinant of Health**

Breaking Down Barriers Conference: Strategies for Overcoming Systemic Healthcare Inequities – October 2023 <https://ntachc.org/ntachc-2nd-annual-conference/>

**Speaker on What About Mom? Health Literacy and Postpartum Education**

Maternal Health Symposium, “The Fourth Trimester” – September 2023

**Speaker on What About Mom? Health Literacy and Postpartum Education**

Central New York Library Resources Council Health Literacy Conference – June 2023

**Colorado ECHO Speaker on Numeracy & Cardiovascular Disease**

University of Colorado ECHO Series – May 2023

**Panel Speaker: Voices of the Rural Southwest: Stories from the Field**

American Heart Association Rural Health Summit – May 2023

**Panel Speaker: Building a Health Literacy Statewide Coalition: Lessons Learned from 5 States** Institute for Healthcare Advancement – May 2023

**Speaker on Becoming a Health Literate Healthcare Organization: Defining, Understanding & Practicing Health Literacy**

Partnership for Community Health; Health Quality Institute – April 2023

**Invited Panel: Understanding & Supporting the Public as a Key Element in Infodemic Preparedness and Response**, National Academy of Sciences – April 2023

**Workshop Presenter: Innovate to Communicate: Understanding Health Literacy**

Association of Diabetes Care and Education Specialists, State Conference – March 2023

**Keynote Speaker on The Impact of Health Literacy & Cultural Humility on Patient Safety**

PENN Medicine Patient Safety Awareness Week – March 2023

**Testified on Health Literacy Legislation in Texas, 88<sup>th</sup> Texas Legislative Session – March 2023**

**Speaker on Becoming a Health Literate Healthcare Organization: Defining, Understanding & Practicing Health Literacy**

Texas Hospital Association, PSO Learning Forum – Jan 2023

**Speaker on Health Literacy & Health Equity**

American Medical Student Association, Health Justice Scholars Program – Jan 2023

**Panel Speaker on Health Literacy Advocacy**

Delaware Health Literacy Association Conference – November 2022

**Panel Speaker on Health Literate Healthcare Organizations**

Healthier Texas Summit – October 2022

**Keynote Speaker on Health Literacy Advocacy**

Minnesota Health Literacy Association Conference – October 2022

**Keynote Speaker on Numeracy & Health Disparities**

Colorado Health Literacy Association Conference – October 2022

**Speaker on Mindful Eating**

Texas Association of Promotoras and Community Health Workers – September 2022

**Panel Speaker on Developing a Proclamation for Health Literacy Month**

Institute for Healthcare Advancement – September 2022

**Panel Speaker on Nutrition Literacy & Health Equity**

International Health Literacy Association – July 2022

**Webinar Speaker on Dementia Literacy for EMS and Older Adult Caregivers,**

Institute for Healthcare Advancement – July 2022

**Texas Association of Promotoras and CHWs, Adult Basic Education, May 2022**

**Speaker on Innovate and Collaborate: Coalitions Addressing Public Health Literacy**

Society of Public Health Education (SOPHE) Annual Conference – March 2022

**Speaker on Lifestyle Medicine as a Tool for Resiliency**

Educate. Motivate. Vaccinate. A virtual conference hosted by Clover for health professionals focusing on COVID-19, the vaccine, burnout, and resilience – March 2022

**Planning Committee & Panel Speaker on Webinar Series – “What the Health?” “An Apple a Day” and “Health Literate Communication”**

Partnership with the Texas Association of Promotoras and Community Health Workers (TAPCHW) & the National Network of the Libraries of Medicine – November 2021; January 2022 & March 2022

**Is Your Child's WebLitLegit? Finding Safe & Good Health Information on the Internet, Healthy Life Stars: Improving Health Outcomes Through Preventing Childhood Obesity Conference – November 2021**

**Planning Committee & Panel Speaker on Innovate to Communicate**

Inaugural Global Health Literacy Summit; International Health Literacy Association (IHLA) – October 2021

**Planning Committee & Panel Speaker on Rural (Migrant) Health Literacy**

Inaugural Global Health Literacy Summit; International Health Literacy Association (IHLA) – October 2021

**Speaker on Health Literacy: The Root Cause of Health Disparities,**

UT Health Disparities Conference – September 2021

**Keynote Speaker on Health Literacy: Adult Basic Education,**

Northeast Texas CHW Coalition Conference – August 2021

**Speaker on Covid-19 Vaccines 101 Communication,**

DFW-CHW Association Conference – July 2021

**Speaker on Innovate to Communicate: Healthcare Workforce Training,**  
Institute for Healthcare Advancement – May 2021

**Speaker on Innovate to Communicate: Healthcare Workforce Training,**  
Texas Public Health Association – May 2021

**Speaker on Covid-19 Infodemic: Community Health Workers (CHWs) Bridge the Gap,**  
NNLM: Responding to the Covid-19 Infodemic Symposium – April 2021

**Testified on Health Literacy Legislation in Texas,**  
87<sup>th</sup> Texas Legislative Session – March 2021

**Surgeon General Roundtable Invited Expert: Call to Action to Improve Maternal Health,**  
U.S. Department of Health & Human Services – January 2021

**Keynote Featured Webinar Speaker: Clinical Trials 101 for CHWs & Front-Line Health Communicators,** U.S. Department of Health & Human Services – November 2020

**Health and Nutrition Literacy: The Social Determinants of Health, Well-being and Population Health,** Healthy Life Stars: Childhood Obesity Conference – Nov 2020

**Panel Speaker on Advocating for Policy: How to Champion Health Literacy?**  
Health Literacy Research & Action Conference – October 2020

**Panel Speaker on “Is your WebLitLegit?” Train-the-Trainer Workshop,** Health Literacy Research & Action Conference – October 2020

**Keynote Panel on Health Literate Healthcare Organizations,** DFW Hospital Council Patient Safety Summit – October 2020

**Keynote Panel on Empowering Community Health Workers for Public Health Emergencies,** Healthier Texas Summit – October 2020

**Speaker on Maternal Mortality through a Health Literacy Lens,** 2020 National Conference on Health Communication, Marketing and Media (NCHCMM) – September 2020

**Plenary Speaker on Addressing COVID-19 Inequities: Strategies To Rebuild Our Nation for an Inclusive Future,** IHA-19th Annual Health Literacy Conference – July 2020

**Speaker on Postnatal Education using a Health Literacy Lens, Texas Health Disparities Conference,** Institute for Health Disparities – June 2020

**Planning Committee & Keynote Speaker,** Rio Grande Valley Health Literacy Conference, Institute for Healthcare Advancement – February 2020

**Speaker on Maternal Mortality as a Backdrop for IPE and Service Learning**  
Health Care Education Association Annual Meeting – October 2019

**Planning Committee & Speaker,** 15<sup>th</sup> Annual Texas Health Literacy Conference  
San Antonio Health Literacy Initiative – October 2019

**Speaker on Health Literacy, Healthcare Quality and Patient Safety,** Texas Hospital Association – August 2019

**Speaker on Patient Safety through a Grassroots Collaborative,** 12th Annual Patient Safety Summit, DFW Hospital Council – August 2019

**Planning Committee & Speaker,** 18<sup>th</sup> Annual Health Literacy Conference  
Institute for Healthcare Advancement – May 2019

**Speaker on Health Literacy in Dementia Care & Prevention,**  
Centers for Medicaid and Medicare – February 2019

**Testified on Health Literacy Legislation in Texas,**  
86<sup>th</sup> Texas Legislative Session – March & May 2019

**Speaker on the Development & Infrastructure of the Health Literacy Collaborative**  
Texas Public Health Association Annual Meeting, March 2019

**Featured Webinar Speaker, Texas Hospital Association,**  
Centers for Medicare & Medicaid Services HIIN Activation – Dec 2018

**Featured Webinar Speaker, National Library of Medicine Patient Safety Series,**  
Health & Nutrition Literacy as Social Determinants of Health – Dec 2018

**Speaker & Panel Moderator, Founding a Health Literacy Collaborative**  
National Health Literacy Research and Practice Conference – October 2018

**Texas Health Literacy Conference, Plain Language & Needs Assessment,**  
San Antonio Health Collaborative – October 2018

**Panel Moderator, Let's Talk Health – Health Literacy in our Community,**  
Tarrant County Public Health – April 2018

**Speaker on Patient-Centered Communication,**  
Baptist Hospital Beaumont Leadership Retreat – March 2018

**Speaker on Health Literacy for an Aging Population Research,**  
Texas Public Health Association Annual Meeting – March 2018

**Speaker on Health Literacy in Medication Reconciliation,**  
UNTHSC Institute for Patient Safety Summit – February 2018

**Testified on Health Literacy Legislation in Texas,**  
85<sup>th</sup> Texas Legislative Session – May 2017

**Speaker on Health Literacy Tools for Readmission Prevention,**  
TMF Regional Workshop - May 2017

**Speaker on Health Literacy in Patient Compliance, Follow-up and Outcomes,**  
UTMB Grand Rounds - April 2017

**Workshop Series on Cultural Health Literacy,**  
Texas A&M Agricultural Extension - March 2017

**Webinar Series on Health Literate Messaging,** Department of State Health Services  
Healthy Communities Initiative – March 2017

**Speaker on Health Literacy in Patient Compliance, Follow-up and Outcomes,**  
Medicare Summit - February 2017

**Speaker on Health Literacy in Dementia Care,** Alzheimer's Association  
North Central Texas Chapter Summit - November 2016

**Speaker on Health Literate Websites and Mobile Media,**  
It's Time Texas Summit August 2016

**Speaker on Health Literacy Advocacy in TX,** Health Literacy Symposium,  
UNTHSC May 2016

**Speaker on Teach Back as a Health Literacy Tool**, Texas Medical Foundation  
Health Quality Institute, January 2016 & July 2016

**Speaker on Health Literacy, Healthcare Quality and Patient Safety**, Texas Hospital Association, December 2015

**Speaker on Nutrition and Health Literacy**, San Antonio Health Literacy Conference, October 2015

**Speaker on Nutrition and Health Literacy**, Texas Osteopathic Medical Association, February 2015

**Conference Planner/Speaker on Agro-terrorism**, Tarrant County Public Health, September 2014

**Speaker on Health Literacy**, Tarrant County Diabetes Coalition, May 2014

**Speaker on Agro-terrorism**, Texas Academy of Nutrition and Dietetics, April 2014

**Speaker on Health Literacy**, North Texas Dietitians Spring Seminar, February 2014

## **CONSULTING EXPERIENCE**

**Wellness Consultant and Advisory Committee, It's Time Texas**

Content expert for youth wellness programs communications, August 2015-September 2019

**National Corporate Wellness Consultant**, Corporate Wellness Solutions

- Speaker and Health Coach for Corporate Clients; April 2011-September 2019

**Instructor/Registered Dietitian, Internal Medicine**, UNTHSC/TCOM; Jan 2015-May 2015

- Medicaid Waiver Program Registered Dietitian for Alternate Care Models.

**Health Literacy Symposium Coordinator**, UNT Health Science Center

- Planned and executed an interactive symposium for multiple stakeholders. Dec 2013-June 2014; Jan 2015-May 2015; Jan 2016-May 2016

**Children's Genetics Policy Research Program Manager**, UNT Health Science Center

- Oversaw research to support state policy on medical and nutrition care. June 2014-August 2014

**Contract Public Health Coordinator**, New Mexico Department of Ag

- Coordinated public health response for Bioterrorism and Food Safety Drill. October 2013-March 2014

**Contract Pediatric Patient Coordinator**, HeartGift Fort Worth

- International pediatric heart patient care coordinator. January 2013-December 2013

## **CLINICAL EXPERIENCE**

**Clinical Telehealth Dietitian**, McDaniel

Nutrition August 2021-December 2021

- Temp Coverage Telehealth Medical Nutrition Therapy for sports, health & wellness.

**Clinical Dietitian**, Learning Services Home

Healthcare July 2020-August 2021

- Medical Nutrition Therapy for patients with traumatic or brain injuries.
- Served on Interprofessional Care Team

**Clinical Dietitian**, HealthSouth Rehab Hospital

December 2012-January 2015

- Medical Nutrition Therapy for patients with traumatic or brain injuries.
- Served on Interprofessional Care & Patient Safety Teams.

**Pediatric Dietitian, Early Childhood Intervention of Tarrant County, TX, 1994-**

2000; Evaluated growth & provided Medical Nutrition Therapy for children.

**Pediatric/Neonatal Dietitian, Baylor University Medical Center, Dallas, TX 1992-**

1994; Provided MNT and Breastfeeding Team for neonates and pediatrics.

**Clinical Dietitian, Harris Methodist Health System, Fort Worth, TX 1988-**

1992; Medical Nutrition Therapy for inpatient, outpatient, and rehab.

**Pediatric Clinical Dietitian, Cook's/Fort Worth Children's Medical Center, Fort Worth,**

TX 1988-1989; Medical Nutrition Therapy and formula room calculations.

**Clinical Dietitian, Osteopathic Medical Center, Fort Worth, TX 1986-1988;**

Provided Medical Nutrition Therapy for adult inpatients and outpatient

## **CERTIFICATIONS**

**Stop the Bleed Certification Program**, March 2023

**Friday Night in the ER Facilitator Certificate Program**, February 2023

**Health Literacy Specialist Certificate**, March 2022

**Certified QPR Gatekeeper instructor (Suicide Prevention)**, October 2020

**TeamSTEPPS Trainer Certificate Program**, August 2020

**Certified Professional in Patient Safety**, June 2020

**Diplomat of the American College of Lifestyle Medicine**, November 2019

**Wellcoaches Health & Wellness Coaching Certification**, November 2019

**Certified in EQ-i 2.0 + EQ 360 Emotional Intelligence Assessments**, June 2019

**Certificate of Recognition & Certificate of Distinction, IPE Faculty Development**, May 2019

**Certified in Public Health**, December 2015-present

**Certified Community Health Worker Instructor**, June 2016-present

**Registered Dietitian**, November 1986-present

**Licensed Dietitian**, March 1988-present

## **AWARDS/CERTIFICATES/ADVOCACY**

**Texas Governor Proclamation of Health Literacy Month**, October 2024

**International Health Literacy Association, Global Service Award**, Sept 2024

**Texas Academy of Nutrition and Dietetics “Distinguished Dietitian”**, April 2024

**National Academies of Practice Fellow, Inaugural RD Academy**, March 2024

**Academy of Nutrition & Dietetics “Outstanding Dietitian of the Year”**, Feb 2024

**Invited Commencement Speaker, Texas Woman’s University**, December 2023

**Texas Governor Proclamation of Health Literacy Month**, October 2023

**Faculty Achievement Award, UNTHSC School of Health Professions**, April 2023

**AIM AHEAD Fellowship Program, National Institutes of Health**, September 2022-June 2023

**Texas Governor Proclamation of Health Literacy Month**, October 2022

**Institute for Healthcare Advancement, Health Literacy Specialist Certificate**, March 2022

**U.S. Public Health Service, Interprofessional Education Collaborative Award in Community Empowerment**, April 2020

**Texas Christian University, Distinguished Alumni Award**, April 2020

**Texas Governor Proclamation Health Literacy Month**, October 2019

**Fort Worth Mayor Proclamation Health Literacy Month**, October 2019

**Texas Health Literacy Conference, “Health Literacy Hero” Award**, 2018

**Texas Academy of Nutrition and Dietetics “Distinguished Scientist”**, 2016

**UT School of Nursing, TCRSS Community & Academic Collaborative Research Award**, 2015

**Academy of Nutrition and Dietetics Doctoral Student in Public Health Scholarship Recipient**, 2013-2014

**University of North Texas Health Science Center Scholarship for Returning Students Recipient**, 2013-2014

**Association of Schools of Public Health**, Served on CDC Collaborative Committee and Office of Public Health Preparedness and Response. Developed National Emergency Preparedness Core-Competencies for Mid-Level Health Care Workers, 2010

**Preparedness and Response to Food and Agriculture Incidents**, Homeland Security Certified Course, 2009

**Commission on Dietetic Registration**, Completed Certificate Course in Childhood and Adolescent Weight Management, 2008

**Texas Academy of Nutrition and Dietetics “Media Award”**, 2008

**National Milk Processors Education Program, “PEPPY Marketing Award”**, 2009

**National Dairy Council (Dairy Management Incorporated), “Excellence in Crisis Readiness, Excellence in Crisis Training & Advanced Crisis Readiness and Outreach”**, 2009 & 2011

**National Dairy Council (Dairy Management Incorporated), “Excellence in Advanced Crisis Readiness and Outreach Award”**, 2008 and 2010

**National Dairy Council (Dairy Management Incorporated), “Excellence in Crisis Readiness Award”**, 2007

**TCU Senior Honor Student in Dietetics**, 1985-1986

**Tarrant County Medical Society Scholarship Recipient**, 1985-1986

## **PROFESSIONAL MEMBERSHIPS**

**National Academies of Practice**, Fellow Registered Dietitian Academy, March 2024-present; Member, March 2023-present

**Health Literacy Texas Organization**, Founder & Co-President, Jan 2023-May 2024; Founder & President, October 2020-Jan 2023

**Texas Association of Promotores and Community Health Workers**, Board of Directors (2022-25); Member, 2020-present

**American College of Lifestyle Medicine, Member**, 2019-present

**DFW-CHW Association Member**, 2018-present

**DFW Hospital Council Health Literacy Collaborative**, Founder & Chair, 2017-present

**International Health Literacy Association Member**, 2015-present; Board of Directors 2021-present; Co-chair of the Nutrition Special Interest Group; Past Law and Business Standing Committee; Past Co-chair of the Policy & Advocacy Committee

**Health Literacy Regional Network**, Quarterly Regional Discussions on the State of Health Literacy across the U.S., July 2015-present

**Society for Nutrition Education**, Division of Childhood Nutrition, Chair 2007-2008, Communications Division, Co-Chair 2008-2009, ACPP Committee 2010-2012, Social Marketing Division, Co-Chair 2011-2012

**Texas Public Health Association**, Member, 2013-present; Policy & Advocacy Committee 2024; Health Literacy Sub-Committee Chair 2024; National Alliance for Nutrition and Activity (NANA) Coalition Rep

**New Mexico Public Health Association Member**, 2006 – 2012

**Collegiate and Professional Sports Dietitian Association Member**, 2010-2018

**Academy of Nutrition and Dietetics Member**, 1986 – Present

**Texas Academy of Nutrition and Dietetics Member**, 1986 – Present; Media Representative, 2007-2010 and 2013-2016, Director-At-Large for Communications, 2008-2009, Public Relations Chair 2007-2008, Public Relations Co- Chair 2006-2007, Public Relations Chair 2003-2004

**Dallas Academy of Nutrition and Dietetics Member**, 2009-2012  
Media Representative, 2011-2012, Philanthropy Chair, 2011-2012

**Fort Worth Academy of Nutrition and Dietetics**, 2004-2009 and 2012-present;  
Nominating Committee Chair, 2014-2015, Nominating Committee, 2013-2014, Spring Seminar Chair, 2012-2013, Past-President 2005-2006; President 2004-2005; President Elect 2003-2004; Vice-President 2000-2001; Vice-President Elect 1999-2000; Nominations 1993-1994, 89-90; Career Guidance 1992-1993; Treasurer, 1990-1992

## PUBLICATIONS (h-score:

[https://scholar.google.com/citations?view\\_op=list\\_works&hl=en&hl=en&user=XI0CZIAAAAJ&pagesize=80](https://scholar.google.com/citations?view_op=list_works&hl=en&hl=en&user=XI0CZIAAAAJ&pagesize=80))

### Scientific Journal Placements

Stone, M., Rosenfeld, J., Valerio-Shewmaker, M., & **Wagner, T.** (2025). Findings From Performing an Organizational Health Literacy Assessment in Community-Based Health Organizations. *HLRP: Journal of Health Literacy Research and Practice*, 9(1), e37–e45. <https://doi.org/10.3928/24748307-20250218-01>

**Wagner, T.**, Blasie, M., Porter, S. & Dare, Lynn. (Accepted, Pending Publication). Certifying Plain Language Training: Exploring the Possibilities. *The Clarity Journal*.

**Wagner, T.**, Six-Means, A., & Johnson, J. (2025). Developing a Framework to Measure Health Literacy Demands of Consumer-Facing Healthcare Organization Websites. *Journal of Consumer Health on the Internet*, 1–17. <https://doi.org/10.1080/15398285.2024.2444176>

Stone, M., Wray, R., Rosenfeld, J., Valerio-Shewmaker, M., & **Wagner, T.** (2024). An exploration of factors leading to readiness for organizational health literacy change in community-based health organizations. *Health services management research*, 9514848241295655. <https://doi.org/10.1177/09514848241295655>

Frable, P. J., **Wagner, T. L.**, Bratton, B. D., & Howe, C. J. (2024). Texas Dance for Health: Mixed Methods Pilot Study Promoting Physical Activity Among Older Adults. *Journal of Community Health Nursing*, 1–13. <https://doi.org/10.1080/07370016.2024.2416957>

Howe, C., Franklin, A., Adame, T., & **Wagner, T.** (2024). Development and evaluation of Innovate to communicate: A Health Literacy Workforce Training Workshop. *Health Literacy and Communication Open*, 2(1). <https://doi.org/10.1080/28355245.2024.2393592>

Rodriguez, A., Howe, C., **Wagner, T.**, & Chavez, L. (2024). Effectiveness of trained community lay workers on glycemic control, knowledge, and self-efficacy among agricultural workers with diabetes in the Texas Panhandle. *Journal of Immigrant and Minority Health*, 26, 841–849. <https://link.springer.com/article/10.1007/s10903-024-01603-8>

**Wagner, T.** (2024). Reaching Isolated and Underserved Populations. *EMS World*. <https://lsc-pagepro.mydigitalpublication.com/publication/?m=55723&i=819011&p=16&ver=html5>

Hendricks-Sturup R, Simmons M, Anders S, Aneni K, Wright Clayton E, Coco J, Collins B, Heitman E, Hussain S, Joshi K, Lemieux J, Lovett Novak L, Rubin D, Shanker A, Washington T, Waters G, Webb Harris J, Yin R, **Wagner T**, Yin Z, Malin B. (2023). Developing Ethics and Equity Principles, Terms, and Engagement Tools to Advance Health Equity and Researcher Diversity in Artificial Intelligence/Machine Learning: A Modified Delphi Approach. *JMIR AI*. <https://ai.jmir.org/2023/1/e52888>

National Academies of Sciences, Engineering, and Medicine. (2023). Navigating Infodemics and Building Trust During Public Health Emergencies: Proceedings of a Workshop in Brief. Washington, DC: The National Academies Press. **Wagner, T. Contributor (p. 7, 11-12) & Reviewer (p. 15)**. <https://doi.org/10.17226/27188>

Interactive Webpage: <https://nap.nationalacademies.org/resource/27188/interactive/>

Taylor, K. & **Wagner, T.** (2022). Age Friendly Emergency Medicine Services: Integrating What Matters, Medications, Mobility, and Mentation into Emergency Response. *Alzheimer's & Dementia*, 18(59), 1552-1559. <http://dx.doi.org/10.1002/alz.061165>

Cassidy Faught III, Carol Howe, Amy Raines-Milenkov & **Teresa Wagner**. (2022). What About Mom? Teen: Usability of a Postpartum App for Teen Mothers, *Journal of Consumer Health on the Internet*, 26:3, 283-292. DOI: <https://doi.org/10.1080/15398285.2022.2109096>

Taylor, K., Partain, D., McEntire, L., & **Wagner, T.** (2022). Age Friendly Emergency Medicine Services. *EMS World*.

<https://lscpagepro.mydigitalpublication.com/publication/?m=55723&i=756811&p=18&ver=html5>

**Wagner, T.**, Adame, T., Lewis, B., & Howe, C.J. (2022). Is your WebLitLegit? Discerning credible health information on the internet. *Journal of Health Literacy and Practice*. <https://doi.org/10.3928/24748307-20220516-01>.

Singer, D., Howe, C.J., Adame, T., Lewis, B., **Wagner, T.** & Walker, D. (2022). A Psychometric Analysis of the Health Literate Health Care Organization 10 Item Questionnaire (HLHO-10). *Journal of Health Literacy and Practice*. <https://doi.org/10.3928/24748307-20220518-01>

**Wagner, T.**, Carlson, E., Ebbett, D. & McEntire, L. (2022). Cover Story: Improving EMS Dementia Literacy. *EMS World*. <https://tinyurl.com/2p9x2m2w>

**Wagner, T.**, Ramirez, C., & Godoy, B. (2021). Covid-19 Rural Health Inequities: Insights from a Real-World Scenario. *Journal of Communication in Healthcare*. <http://dx.doi.org/10.1080/17538068.2021.1975472>

Raines-Milenkov, A., Felini, M., Baker, E. et al...& **Wagner, T.** (2021). Hepatitis B Virus Awareness, Infection, and Screening Multiethnic Community Intervention for Foreign-Born Populations. *Journal of Community Health*. <https://doi.org/10.1007/s10900-021-00982-5>

**Wagner, T.** (2021). TPHA Governing Council (GC) Position Paper – Health Literacy Contribution. *Texas Public Health Association Journal*. 73(2), 31. [https://cdn.ymaws.com/www.texaspha.org/resource/resmgr/journals/2021\\_journals/spring/tphjvol\\_73\\_issue\\_2\\_online.pdf](https://cdn.ymaws.com/www.texaspha.org/resource/resmgr/journals/2021_journals/spring/tphjvol_73_issue_2_online.pdf)

Raines-Milenkov, A., Felini, M., Baker, E. et al...**Wagner, T.** & Hughes, J. (2021). Willingness of a Multiethnic Immigrant Population to Donate Biospecimens for Research Purposes. *Journal of Immigrant and Minority Health*, 23(4). <https://doi.org/10.1007/s10903-021-01241-4>

**Wagner, T.**, Thompson, E., Gadson, A., Stark, M., Bush, K. & Raines-Milenkov, A. Postpartum Education and Health Literacy: New Mom's Perspectives. (2020). *Journal of Consumer Health on the Internet*. 24(4), 346-35. <https://doi.org/10.1080/15398285.2020.1810964>

Howe, C.J., Adame, T., Lewis, B., & **Wagner, T.** (2020). Assessing Organizational Focus on Health Literacy in Hospitals in North Texas. *American Journal of Nursing*, 120(12), 24-33. [https://journals.lww.com/ajnonline/Fulltext/2020/12000/Original\\_Research\\_Assessing\\_Organizational\\_Focus.26.aspx](https://journals.lww.com/ajnonline/Fulltext/2020/12000/Original_Research_Assessing_Organizational_Focus.26.aspx)

**Wagner, T.**, Stark, M. & Raines-Milenkov, A. (2020). What About Mom? Health Literacy and Maternal Mortality. *Journal of Consumer Health on the Internet*, 24(1), 50-61. <https://www.tandfonline.com/doi/full/10.1080/15398285.2019.1710980>

**Wagner, T.** (2019) Incorporating Health Literacy into English as a Second Language Classes. *Journal of Health Literacy and Practice*, 3(3), S37-S41. <https://doi.org/10.3928/24748307-20190405-02>

**Wagner, T.** & Howe, C. (2019). Addressing Systemic Health Literacy Issues & Patient Safety through a Grassroots Collaborative. *Journal of Consumer Health on the Internet*. 23(1), 62-69. <https://www.tandfonline.com/doi/full/10.1080/15398285.2019.1571325>

**Wagner, T.**, Blevins, D., Lopez, J. & Liu, J. (2018). Health literacy for an aging population: Evaluating online tools for the homebound over age 65. *Journal of Consumer Health on the Internet*, 22(4), 371-381. <https://www.tandfonline.com/doi/full/10.1080/15398285.2018.1544819>

**Wagner, T.**, Lindstat, C., Jeon, Y. & Mackert, M. (2016). Implantable medical device website efficacy in informing consumers weighing benefits/risks of healthcare options. *Journal of Health Communication*, 21, 121-126. <http://www.tandfonline.com/doi/abs/10.1080/10810730.2016.1201173?journalCode=uhcm20>

**Wagner, T.** & Carlson, E. (2015). Medical foods: An investment in the future of children with inborn errors of metabolism. *ICAN: Infant, Child, & Adolescent Nutrition*, 7(3), 129-130. Retrieved from <http://journals.sagepub.com/doi/full/10.1177/1941406415579490>

## Textbook Chapters

American Council of Academic Physical Therapy (ACAPT). (2024). A blueprint for excellence: Interprofessional education and collaborative practice. (Contributing authors: Myla Quiben, **Teresa Wagner**, Adenike Atanda-Oshikoya, Kate Taylor, Meredith Quinene, & Bobby Belarmino). In ACAPT annual report (pp. 25–40). <https://acapt.org/2024-acapt-annual-report/academic-innovation/a-blueprint-for-excellence>

**Wagner, T.**, & Walden, R. (2024). Health Literacy: Bridging the Gap. In: Jones, S.D., & Murphy, B., editors. Cultural Humility in Libraries [Internet] Lanham, MD: Rowman & Littlefield. Chapter 4, p.29-37. Available from: <https://rowman.com/ISBN/9781538162156/Cultural-Humility-in-Libraries-A-Call-to-Action-and-Strategies-for-Success>

## Courses Developed

**BACH 5391** Health Literacy & Public Health

**LHLT 5302** Health Literacy & Communication (3 credit hours)

**LHLT 5309** Health & Patient Safety Through the Lifecycle (3 credit hours)

**MACH 5332** Maternal Child Nutrition (3 credit hours)

**PHED 5297** Health Literacy 101 (3 credit hours)

## Learning Modules Developed

**Wagner, T.**, Taylor, K. & Luna-Smith, A. (2024). [Older Adult Care: Mentation Focus](#)

**Wagner, T.** (2024). [Opioid Abatement: Naloxone Training](#)

**Wagner, T.** (2024). [Promotores/CHWs and Artificial Intelligence](#)

**Wagner, T.** & Bratton, B. (2024). [Health Screening and Coordination Skills](#)

Bratton, B., **Wagner, T.**, & Allsopp, A. (2024). [Asthma Care for School Age Children](#)

**Wagner, T.**, & Bratton, B. (2023). [Training Modules for Experience Route CHWs](#)

**Wagner, T.**, Bratton, B., & Taylor, K. (2023). [Older Adult Care](#)

Taylor, K. & **Wagner, T.** (2023). Patient Safety Microcredential

**Structural Inequities Series (2023):** [Empowering Community Health Workers and Trusted Messengers to Address Inequalities](#)

- **Wagner, T.** & Spence E. (2023). [Implicit Bias](#)
- Spence E. & **Wagner, T.** (2023). Structural Inequities
- **Wagner, T.** & Spence E. (2023). Community Empowerment

**Wagner, T.**, Venkatachalam, A., & Frates, B. (2023). Teen Lifestyle Medicine Microcredential <https://learningplus.unthsc.edu/courses/lifestyle-medicine-for-teens>

**Wagner, T.** & Howe, C. (2023). [Leading a Health Literate Healthcare Organization](#)

**Wagner, T.** (2021). [Adult Basic Education](#)

**Wagner, T.**, Rosenbloom, J., & Hernandez, D. (2021). [Covid-19 Vaccines 101](#)

**Wagner, T.** (2021). [Health Literacy 101](#)

**Wagner, T.**, Farmer D., & Taylor, K. (2021). [Just Culture](#)

**Wagner, T.**, Farmer D., & Taylor, K. (2021). [High Reliability Organizations](#)

**Wagner, T.** (2020). Mental Wellness Microcredential

**Wagner, T.** (2020). [Covid-19 Vaccines 101](#)

**Wagner, T.** (2020). [Health Literacy 101](#)

**Wagner, T.** (2020). [Maternal Health in the Community](#)

**Wagner, T.** (2019). [CLAS Standards](#)

#### **ABSTRACT ACCEPTANCE/POSTER SESSIONS**

Pandya, K., Pandya, K., Stone, M., & **Wagner, T.** (2025). Teens For Health Literacy: A teen-led initiative on a health literacy intervention in Greater Houston. Accepted for poster presentation. The 24th Annual Virtual IHA Health Literacy Conference; May 13-15, 2025.

Rodriguez, A., Howe, C., **Wagner, T.**, & Chavez, L. (2024). Effectiveness of trained community lay workers on glycemic control, knowledge, and self-efficacy among agricultural workers with diabetes in the Texas Panhandle. Accepted for poster presentation. National Academies of Practice Conference, Washington, D.C.; March 14-15, 2025.

**Wagner, T.**, Harse, R., Howe, C.J., Frable, P. (2023). Texas Dance for Health: A Mixed Methods Pilot Study Promoting Older Adult Physical Activity. Accepted for oral presentation. Meals on Wheels Practice Conference, Fort Worth, TX; May 6, 2024.

Christina Nguyen, PharmD Candidate; Annesha White, PharmD, PhD; Kris Ingram, PharmD Candidate; Megan Wesling, PharmD; **Teresa Wagner DrPH, MS**; Tyson Troung, PharmD Candidate. A Systematic Review of Medication Costs and Affordability Associated with Congestive Heart Failure. Accepted for poster presentation. UNTHSC Pharmacy Showcase, Fort Worth, TX; February 2-3, 2024.

Kristopher Ingram; Christina Nguyen; Tyson Truong; Annesha White, PharmD, MS, PhD; Megan Wesling, PharmD, BCPS, BCACP, CDCES; **Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC**. Heart Failure Comprehensive Guide for Patients & Clinicians: A Systematic Review. Accepted for poster presentation. UNTHSC Pharmacy Showcase, Fort Worth, TX; February 2-3, 2024.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC**; Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm-Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. National Academy of Practice Conference, Jacksonville, FL; March 15-16, 2024.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC**; Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm-Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. DFW Hospital Council Data Science Conference, Dallas, TX; January 23, 2024.

Howe, C.J., Frable, P. Bratton, B. & **Wagner, T.** (2023). Texas Dance for Health: A Mixed Methods Pilot Study Promoting Older Adult Physical Activity. Accepted for oral presentation. Southern Nursing Research Conference, Charlotte, NC; February 21-23, 2024.

Atanda, A., Wagner, T., Taylor, K., Butler, C., Quiben, M., & Reuter, K. Pharmacist-led Interdisciplinary Geriatric Diabetes Self-management Education and Support Program. Accepted for Poster Presentation at the American College of Clinical Pharmacy Annual Meeting. Won First Place in Division. November 11-14, 2023. Dallas, TX.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC**; Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm-Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. AIM AHEAD Conference, Bethesda, MD; August 1-3, 2023.

Liu, F., Wiley, K., George, U., **Wagner, T.**, Nayak, C., Lyu, D., Mete, M., Telagamalla, N., Stienecker, S.L., Xiong, Y., Shara, N. Model Fairness for Machine Learning-based Pre-Eclampsia and Eclampsia Risk Prediction. Accepted for poster presentation. AIM AHEAD Conference, Bethesda, MD; August 1-3, 2023.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI;** Brenda Godoy, BS, CHW. COVID- 19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. Institute for Healthcare Improvement Congress, National Harbor, MD; May 21-24, 2023.

Kate Taylor, DNP, FNP-C, CPPS; **Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI.** Age Friendly Emergency Medicine Services. Accepted for poster presentation. Institute for Healthcare Improvement Congress, National Harbor, MD; May 21-24, 2023.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC;** Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm- Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. Doswell Health Informatics Conference, Dallas, TX; April 28<sup>th</sup>, 2023.

Atanda, A. **Wagner, T.**, Taylor, K., Reuter, K., Clark, E., Thomas, J. & Butler, C. Implementation of an Interdisciplinary Diabetes Self-Management Education and Support Program in a Geriatric Population. Accepted for poster presentation. Won First Place in Division. HSCCP Pharmacy Showcase. Fort Worth, Texas; October 7, 2022.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Clara Ramirez, MPH, CHES®, CPH, Brenda Godoy, BS, CHW. COVID-19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 9-10, 2022.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Carol Howe, PhD, RN, CDCES, FAAN, Cassidy Faught, OMS-III. What About Mom? Teen. Accepted for poster presentation. Health Literacy & Research Conference (HARC), Boston, MA; Nov 1-2, 2021.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Clara Ramirez, MPH, CHES®, CPH, Brenda Godoy, BS, CHW. COVID-19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. International Conference on Communication in Healthcare, Fort Worth, TX; October 19, 2021.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Carol Howe, PhD, RN, CDCES, FAAN, Cassidy Faught, OMS-III. What About Mom? Teen. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 10, 2021.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI,** Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. NEXUS Interprofessional Education Summit, Minneapolis; August 19, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI,** Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Patient Safety Summit, Irving, TX; August 1, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 6, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: A proposed evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Infant Health Network Summit, Fort Worth, TX; September 13, 2018.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: A proposed evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 7, 2018.

**Teresa Wagner, MS, RD, & Erin Carlson, DrPH.** *Quality of Life: The Ultimate Metric of Health Literacy for Children with Genetic Disability.* Accepted for oral presentation at San Antonio Health Literacy Symposium, San Antonio, TX; October 2, 2015.

**Teresa Wagner, MS, RD**, Mike Mackert, PhD, Erin Carlson, DrPH. Do You Hear What I Hear? Plain Language Skills Trainings with Measurable Results. Accepted for poster Presentation at San Antonio Health Literacy Conference, San Antonio, TX; Oct 2, 2015.

**Teresa Wagner, MS, RD**, Anissa Carbajal-Diaz, MPH, Kim Linnear, MPA, Erin Carlson, DrPH. Health Literacy Systems Approach: Empowering Healthcare Practitioners through Education. Accepted for poster presentation at UNT Health Science Center Research Appreciation Day, Fort Worth, TX; April 17, 2015.

Carbajal-Diaz, A., **Wagner, T.**, Linnear, K. A Road Map for Building Health Literate Organizations: Two Symposia That Address a Systems Approach. Accepted for poster presentation at Association for Community Health Improvement Conference, Dallas, TX; March 4-6, 2015.

Ashlee Loewen, Janice Knebl, Ashley Yarabinec, Kathlene Camp, Valerie Johnson, Ashley Stafford, John Gary Allen, Emad Shoukry, **Teresa Wagner**, Quante Greenlee, and Shirley Turpin. "A STEP in the Right Direction: An Interdisciplinary Transitional Care Approach to Preventing Hospital Readmissions". Accepted for poster presentation at UNTHSC Research Appreciation Day, Fort Worth, TX; April 17, 2015.

Linnear, K., Carlson, E., Carbajal-Diaz, A., **Wagner, T.**, McMains, C., Cardarelli, K. Collaborating with Community-Based Organizations to Increase Health Literacy by Working with Librarians in Tarrant County. Accepted for oral presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

**Wagner, T.**, Carlson, E., William, Y. Access to Genetic Services in Texas: Opportunities and Challenges in a Changing Health Care Environment. Accepted for oral presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

Davis, A., **Wagner, T**, Fernando, S., Fulda, K., Franks, S. Self-Reported Diet and Risk of Type II Diabetes Mellitus (T2DM) in a Low Socioeconomic Pediatric Population, Accepted for poster presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

## MENTORSHIP

### AIM AHEAD Fellows

**Zhen Zhang**  
**Javeia McKoy**  
**Aaron Rapp**  
**Brianna Lewis**

### MS Health Education, Spring 2022-Fall 2022

**Tricia Whaley, BS**  
Clinical Research Coordinator & Project Manager, Dallas Clinical Trials  
Mentor for Master's in Health Education Degree

### Heritage High School, Fall 2021-Fall 2024

**Aravind Venkatachalam**  
High School Student  
Mentor for Teen Lifestyle Medicine Microcredential

### DrPH Doctoral Dissertation Committee, Fall 2021-Spring 2023

**Melanie Stone, MPH, Med**  
Assistant Director of Community Service Learning, UT Health San Antonio  
Advisor for Doctoral Dissertation

### PhD Dissertation Committee, Fall 2020-Spring 2023

**Meghan Taylor, MA**  
UNT Denton - Music, Health in Performing Arts

### DrPH Committee, Summer 2019

**Carolyn Bradley-Guidry, DrPH, PA-C, BSN**  
Associate Professor, School of Health Professions; Director, Diversity and Inclusion,  
UT Southwestern; 2019 UNTHSC President's Award for Scholarly Excellence in Academics

### DrPH Mentorship, Fall 2019

**Melanie Stone, MPH, Med**  
Assistant Director of Community Service Learning, UT Health San Antonio  
Mentor for Practice-Based Design and Methods Project

### Graduate Research Assistant, Summer 2019-Spring 2020

**Amber Gadson, TCOM - OMS III;**

#### Poster Presentations:

- 1) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: Evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation, Infant Health Network Summit, Fort Worth, TX; Sept 12, 2019.
- 2) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An

evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation at American College of Obstetrics & Gynecology, New Orleans, LA; September 27, 2019.

3) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for presentation at Research Appreciation Day (RAD), UNTHSC, March 27, 2020.

## **INTERNS**

### **Daman Saini, Summer 2024-Spring 2025**

Projects: COFW Naloxone Grant, Health Literacy Lab

### **Yamini Penakalapati, TCOM, OMS III, Fall 2023**

Projects: Health Literacy Advocacy, Texas Proclamation; Maternal Health Symposium

### **Claire Cimino, Summer 2023**

Registered Dietitian; TCU Sports Intern – MEd Preceptor; Educational Leadership & Higher Education

Projects: CHW Clinical Support Skills Module Content; Health Literacy Advocacy Toolkit

### **Alexis Vasquez, Fall 2022-Summer 2023**

UNTHSC School of Public Health – MPH Preceptor

Project: Health Literacy Social Media & Marketing for Awareness & Advocacy

### **Angela Bennett, Spring 2021**

UC Berkeley School of Public Health – MPH Preceptor Project:

Homeless Respite Program Health Literacy Program

### **Doris Hernandez Meza, Spring 2021**

Mexican American and Latino Studies (MALS) Program at UT Austin Project:

North Texas Hospital Website Health Literacy

### **Kaylyn Barret, Fall 2020**

MD Program at UTHSC San Antonio MPH Program Dual Degree

Project: Clinical Trials 101 for CHWs & Front-Line Health Communicators

### **Cassidy Faught, TCOM – OMS II, Summer 2020 Pediatric Research Program;**

Projects: 1) What About Mom? Teen; 2) Covid-19 Mask Lay Language Presentation

### **Virginia Lowe, TCOM, OMS III, Summer 2019**

Independent Study in Health Literacy, Project: Is Your WebLitLegit? Teen & Child

### **Daniel Saravia, Summer 2019**

NIH BUILD PODER Scholar; Texas Center for Health Disparities SMART Program;

### **and Amit Aggarwal, TCOM – OMS II, Summer 2019**

Pediatric Research Program

#### **Poster Presentations:**

- 1) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for poster presentation at Society for Advancement of Chicanos/Hispanics Conference, Honolulu, HI; October 31, 2019.
- 2) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for presentation at Research Appreciation Day (RAD), UNTHSC, March 27, 2020.

3) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD**, CHWI. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for presentation at JPS Research Day, Fort Worth, TX; June 5, 2020.

## PUBLICATIONS

### Scientific Blogs and Articles

Practice Tip of the Week | Health Literacy and Older Adults - Texas Nurses Association. (2024). <https://www.texasnurses.org/news/684099/Practice-Tip-of-the-Week--Health-Literacy-and-Older-Adults.htm>

Wagner, Teresa. (June 2023). How CHWs Improve Equity Through Health Literacy. *IHA Health Literacy Solutions Center*. <https://www.healthliteracysolutions.org/blogs/ihastaff1/2023/05/24/how-chws-improve-equity-through-health-literacy>

Baumblatt, Geri Lynn & **Wagner, Teresa**. (March 2022). Going Legit: Sorting "Truth vs. Trash" in Online Health Information. *Health IT Today*. <https://www.healthcareittoday.com/2022/03/03/going-legit-sorting-truth-vs-trash-in-online-health-information/>

**Wagner, Teresa**. (June 2021). Healthy Food Plants the Seed for Health Equity. *SaferCare Texas Blog*. <https://www.safercaretexas.org/healthy-food-plants-the-seed-for-health-equity/>

**Wagner, Teresa**. (March 2020). Feel Great While You Self-Isolate. *SaferCare Texas Blog*. <https://www.safercaretexas.org/feel-great-while-you-self-isolate/>

Baumblatt, Geri Lynn & **Wagner, Teresa**. (September 2019). When Gaps Become Sinkholes. *Association for Patient Experience*. [https://www.patient-experience.org/Resources/Blogs/DM\\_Blog/Blogs/September-2019-\(1\)/September-2019](https://www.patient-experience.org/Resources/Blogs/DM_Blog/Blogs/September-2019-(1)/September-2019)

Gaviola, Marian & **Wagner, Teresa**. (December 2018). Medicine: Are you taking what you think you are taking? *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/medicine-are-you-taking-what-you-think-youre-taking/>

Fernando, Shane & **Wagner, Teresa**. (June 2018). HPV: Protecting the Fathers and Families of Tomorrow. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/protecting-the-fathers-and-families-of-tomorrow/>

Raines-Milenkov, Amy & **Wagner, Teresa**. (May 2018). Losing Texas Mothers: Maternal Mortality in the Lone Star State. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/losing-texas-mothers-maternal-mortality-in-the-lone-star-state/>

**Wagner, Teresa** & Whitney Mollenhauer. (March 2018). Fighting Food Insecurity During National Nutrition Month. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/fighting-food-insecurity-during-national-nutrition-month/>

**Wagner, Teresa.** (January 2018). Alzheimer's Disease: Her Mind Went Traveling. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/mind-went-traveling/>

**Wagner, Teresa.** (October 2017). October is Health Literacy Month: Do You Hear What I Hear? *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/october-health-literacy-month-hear-hear/>

**Wagner, Teresa.** (2006-2011). Multiple Article Placements. *Texas Family Physician Magazine*. <https://www.tafp.org/Search?q=teresa+wagner&culture=en-US>

## Recent Media Interviews & Stories

**UNT Health Science Center.** Dr. Teresa Wagner Announced as a Keynote Speaker for Two Major Conferences. <https://www.unthsc.edu/college-of-public-health/dr-teresa-wagner-announced-as-a-keynote-speaker-for-two-major-conferences/> Spring 2025.

**Spectrum News.** *In Focus* interview “Curbing Overdoses” Medical Advances. <https://spectruminfocus.com/section/in-focus/in-focus/2025/02/23/medical-advances> Spring 2025.

**UNT Health Science Center.** HSC offers up to \$1,500 incentives to organizations hosting Narcan training. <https://www.unthsc.edu/newsroom/story/hsc-offers-up-to-1500-incentive-to-organizations-hosting-narcan-training/> Fall 2024.

**CBS 11.** City of Fort Worth, UNT Health Science Center push to combat the opioid crisis: "train-the-trainer". <https://www.cbsnews.com/texas/video/city-of-fort-worth-unt-health-science-center-push-to-combat-the-opioid-crisis-train-the-trainer/> Fall 2024

**Newsbreak.com.** Recognizing the important role of community health workers. <https://www.unthsc.edu/school-of-public-health/recognizing-the-important-role-of-community-health-workers/> Spring 2024

**UNT Health Science Center.** Six from HSC are honored as Distinguished Fellows of the National Academies of Practice. <https://www.unthsc.edu/newsroom/story/six-from-hsc-are-honored-as-distinguished-fellows-of-the-national-academies-of-practice/> Spring 2024

**UNT Health Science Center.** March 2024 marks significant honors for SPH faculty member, Dr. Teresa Wagner. <https://www.unthsc.edu/newsroom/story/march-2024-marks-significant-honors-for-sph-faculty-member-dr-teresa-wagner/> Spring 2024

**Permian Basin Adult Literacy Center Livestream. Health Literacy.** <https://www.youtube.com/watch?v=oKxPqUq93x4> Spring 2024

**UNTHSC Newsroom.** Dr. Teresa Wagner encourages TWU graduates to find their 'why' at December commencement. <https://www.unthsc.edu/school-of-public-health/dr-teresa-wagner-encourages-twu-graduates-to-find-their-why-at-december-commencement/> Spring 2024

**UNTHSC Newsroom.** SPH artificial intelligence workforce event draws record

**attendance.** <https://www.unthsc.edu/newsroom/story/sph-artificial-intelligence-workforce-event-draws-record-attendance/> Fall 2023

**UNTHSC Newsroom. Dr. Teresa Wagner selected as consultant and advisory board member for National Maternal/Child Health Workforce Development Center.**  
<https://www.unthsc.edu/newsroom/story/dr-teresa-wagner-selected-as-consultant-and-advisory-board-member-for-national-maternal-child-health-workforce-development-center/> Fall 2023

**NBC 5. UNT Health Science Center to host opioid awareness, Narcan training event.**  
<https://www.nbcdfw.com/news/local/unt-health-science-center-to-host-opioid-awareness-narcan-training-event/3358912/> Fall 2023.

**UNTHSC Newsroom. HSC Health's Diabetes Self-Management Education and Support program celebrates graduates.**  
<https://www.unthsc.edu/newsroom/story/hsc-healths-diabetes-self-management-education-and-support-program-celebrates-graduates/> Fall 2023.

**UNTHSC Newsroom. HSC Launches One Pill Kills Campaign.**  
[HSC launches One Pill Kills Campaign to combat fentanyl](https://www.unthsc.edu/newsroom/story/hsc-launches-one-pill-kills-campaign-to-combat-fentanyl/)  
Fall 2023.

**UNTHSC Newsroom. SaferCare Texas empowers Community Health Workers to complete HSC Mental Wellness Microcredential.**  
<https://www.unthsc.edu/newsroom/story/safercare-texas-empowers-community-health-workers-to-complete-hsc-mental-wellness-microcredential/> Fall 2023.

**UNTHSC Newsroom. Two HSC programs to host maternal health conference centered on fourth trimester.** <https://www.unthsc.edu/newsroom/story/two-hsc-programs-to-host-maternal-health-conference-centered-on-fourth-trimester/> Fall 2023.

**UNTHSC Newsroom. SPH houses community health worker training center.**  
[https://www.unthsc.edu/newsroom/story/sph-houses-community-health-worker-training-center/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/sph-houses-community-health-worker-training-center/?utm_campaign=daily_news_email&utm_source=email) Fall 2023.

**American College of Lifestyle Medicine: How a Texas High School Student Created The First Lifestyle Medicine Microcredential For Teens.**  
<https://lifestylemedicine.org/articles/lifestyle-medicine-microcredential-for-teens/> Fall 2023.

- **NBC 5: Free online course teaches healthy lifestyle to teens.**  
<https://www.nbcdfw.com/news/health/free-online-course-teaches-healthy-lifestyle-to-teens/3310314/>
- **NBC News: UNT Health Science Center offers first-ever lifestyle medicine course for teens** <https://www.nbcdfw.com/news/local/unt-health-science-center-offers-first-ever-lifestyle-medicine-course-for-teens/3310444/>

**UNTHSC Newsroom. 2023 wellness symposium: “Whole Health for Self-Wealth”.**  
[https://www.unthsc.edu/newsroom/story/2023-wellness-symposium-whole-health-for-self-wealth/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/2023-wellness-symposium-whole-health-for-self-wealth/?utm_campaign=daily_news_email&utm_source=email) Summer 2023.

**Fort Worth Report. Explainer: Language Matters: UNT Health Science Center Pushes for Improved Health Literacy to Solve the Opioid Crisis.**  
<https://fortworthreport.org/2023/08/08/language-matters-unt-health-science-center-pushes-for-improved-health-literacy-to-solve-the-opioid-crisis/>

[improved-health-literacy-to-solve-opioid-crisis/](#) Summer 2023.

**Fort Worth Report. Explainer: Training at UNT HSC Prepares Officials from across Tarrant County to take on Emergency Events.**

[https://fortworthreport.org/2023/07/06/training- at-unt-hsc-prepares-officials-from-across-tarrant-county-to-take-on-emergency-events/](#) Summer 2023.

**UNTHSC Newsroom. SaferCare Texas takes Students to IHI Patient Safety Congress.**

[https://www.unthsc.edu/newsroom/story/safercare-texas-takes-students-to-ihp-patient-safety-congress/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](#) Summer 2023.

**UNTHSC Newsroom. Ensuring Moms Safety: Why Maternal Mental Health Matters**

[https://www.unthsc.edu/newsroom/story/ensuring-moms-safety-why-maternal-mental-health-matters/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](#) Summer 2023.

**Spectrum News.** Texans learn how to keep victims from bleeding out.

[https://spectrumlocalnews.com/tx/dallas-fort-worth/news/2023/04/26/texans-learn-how-to-keep-victims-from-bleeding-out- Spring 2023.](#)

**CBS 11.** DEA Warns about New Drug. [https://www.cbsnews.com/texas/news/dea-warns-about-a-new-drug-mixed-with-fentanyl-xylazine/](#) Spring 2023.

**Dallas Morning News.** UNTHSC Hosts Narcan Training.

[https://www.dallasnews.com/video/2023/02/21/unt-health-science-center-hosts-narcan-training-amid-fentanyl-related-deaths-in-north-texas/](#) Spring 2023.

**CBS 11.** [UNTHSC Trains Students How to Use Narcan.](#) Spring 2023.

**1080 KRLD.** [UNTHSC Hosts Workshop on Narcan Use.](#) Spring 2023.

**NBC 5.** [Training Offered Across North Texas to Fight Fentanyl.](#) Spring 2023.

**CBS 11.** [Narcan Could be Readily Available Soon.](#) Spring 2023.

**UNTHSC Newsroom.** SaferCare Texas brings Healthcare to Rural Texas.

[https://www.unthsc.edu/newsroom/story/safercare-texas-brings-health-care-to-rural-texas/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](#)  
Spring 2023.

**Helen Osborne's "Health Literacy Out Loud." Podcast Guest on Wellness and Health Literacy.** [https://www.healthliteracyoutloud.com/2022/12/01/wellness-and-health-literacy-hlol-230/](#). Winter 2022.

**UNTHSC Newsroom.** [SaferCare Texas, Asthma 411 and other leaders propose legislation benefiting Texas students.](#) Fall 2022.

**UNTHSC Newsroom.** [Teresa Wagner selected as part of first AIM-AHEAD Leadership Fellowship Cohort.](#) Fall 2022.

**UNTHSC Newsroom.** [How HSC Helped train a Community health worker to serve her](#)

community. Fall 2022.

**Fort Worth Inc:** [UNT Health Science Center Staffer Receives Grant](#). Spring 2022.

**PT PintCast:** [Diabetes Self-Management](#). Spring 2022.

**Fort Worth Report. Explainer:** [Just that friendly bunch': Community health workers address health disparities close to home](#). Fall 2021.

**Fort Worth Report. Explainer:** [Here's what we know and don't know about ivermectin, the deworming drug some people are taking for COVID-19](#). Fall 2021.

**NBC Channel 5 News. (National affiliates picked up story.)** [North Texas Researchers Develop 'What About Mom' App to Help New Mothers](#); Summer 2021.

**Austin American Statesman.** [It's time for a health literacy law in Texas](#); Summer 2021.

**UNTHSC Newsroom.** [HSC partnership with rural Texas hospital boosts health literacy and cultural humility](#); Summer 2021.

**UNTHSC Newsroom.** [Health literacy and HSC, building the foundation for healthy people across all communities](#); Summer 2021.

**UNTHSC Newsroom.** ['What About Mom?' e-health program expands to support new teen mothers](#); Summer 2021.

**Dallas Morning News,** [Here's how North Texas counties plan to overcome COVID-19 vaccine hesitancy and reach herd immunity](#); Spring 2021.

**WFAA Channel 8 News.** [Many Latino and Black Communities in North Texas have lower rates of vaccine registration](#); Spring 2021.

**UNTHSC Newsroom.** HSC on Covid-19: Healthy eating habits; Spring 2020.  
<https://www.youtube.com/watch?v=5ByPJCh15iM>

**UNTHSC Newsroom.** Maternal Mental Health Matters; Spring 2020.  
<https://youtu.be/hr3lkqKDHam>

**UNTHSC Newsroom.** [Wagner Named Distinguished Aluma by TCU](#); Spring 2020.

**Solutions Magazine.** [Judging the legitimacy of health information online](#); Spring 2020.

**UNTHSC Newsroom.** [New Moms - Stress & Anxiety During Covid-19](#); Spring 2020.

**Fort Worth Star Telegram.** [Too many women are dying after childbirth, especially in Fort Worth](#). Spring 2020

**Fort Worth Star Telegram.** [Experts urge people to avoid grocery stores at the beginning of the month. Here's why](#). Spring 2020.

**Solutions Magazine.** (October 2019). [Multiple Articles about my Work](#). (Helping New Moms p. 16-17, Health Literacy Can Save Lives p. 24-29, Health Literacy p. 37).

**Spectrum Local News.** [Texas Wellness Experts Focus on Health Literacy](#), San Antonio; Fall 2019